

VERIZON COMMUNICATIONS INC.

DELISTING OF THE SHARES OF COMMON STOCK OF VERIZON COMMUNICATIONS INC. FROM THE SIX SWISS EXCHANGE

Company	Verizon Communications Inc., based in New York City and incorporated in Delaware (USA) (the "Company"), was formed on October 7, 1983. The Company is a leader in delivering broadband and other wireline and wireless communication services to mass market, business, government and wholesale customers.
Shares	The Company had 2,840,658,502 shares of common stock, par value USD 0.10, issued and outstanding as of 31 October 2009. The shares of common stock of the Company have a primary listing on the New York Stock Exchange (the "NYSE") and a secondary listing on the SIX Swiss Exchange.
Delisting	<p>The SIX Swiss Exchange has approved the application for delisting of the Company's shares of common stock from the SIX Swiss Exchange. Last trading day will be the 25 February 2010.</p> <p>The delisting from the SIX Swiss Exchange does not affect the listing on the NYSE. The shares of the Company continue to be traded on the NYSE.</p>
Symbol	VER
Valor	1095642
ISIN	US92343V1044

Zurich, 19 November 2009

The most recent annual and quarterly reports can be downloaded under www.verizon.com.